

# May 2018

SUN

MON

TUE

WED

THU

FRI

SAT

## Coaches Contact Information

Krista O'Dea (605)-218-2596

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Pre-Regions Golf in Brookings

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Pre-Regions Golf in Brookings

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State Track in Rapid City

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State Track in Rapid City

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Off-season rules in play

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Offices Closed

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Office Hours 9:00 a.m. to 3:00 p.m.

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# June 2018

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Basketball Open Gym Sunday is 7:00 to 9:00 p.m.</p> <p>Others may lift or shoot around during timeframe</p>	<p><b>ALL Girls Strength Training is Monday at 7:00 p.m.</b></p> <p>Others may lift or shoot around during timeframe</p>	<p>Volleyball Open Gym is 7:00 to 9:00 p.m.</p> <p>Others may lift or shoot around during timeframe</p> <p><b>BBB League in Watertown on Tuesday nights</b></p>	<p>Basketball Open Gym Wednesday is from 7:00 to 9:00 p.m.</p> <p><b>Comp. Cheer is Wednesday morning at 7:00 a.m.</b></p> <p>Others may lift or shoot around during timeframe</p>	<p>Morning lifting/open gym on Monday, Tuesday, Thursday, &amp; Friday at 6:00 a.m. to 7:30 a.m.</p> <p><b>GBB League in Watertown on Thursday nights</b></p>	1	2 Gym Closed
<p><b>3 Open Gym starts for summer</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>4 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p> <p>State Golf in Watertown</p>	<p>5 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Comp. Cheer Choreography 8-11 a.m.</b></p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>BBB League in Watertown</p> <p>State Golf in Watertown</p>	<p>6</p> <p><b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>GBB/BBB Camp in LP from 7-9 p.m.</p>	<p>7 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>GBB League in Watertown</p>	<p>8 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Aux. Gym floor waxed (cannot use until June 15th)</b></p>	9 Gym Closed
<p>10</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>11 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p>	<p>12 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Comp. Cheer Choreography 8-11 a.m.</b></p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>BBB League in Watertown</p>	<p>13</p> <p><b>Comp. Cheer Open Gym at 7:00 a.m. to</b></p> <p>GBB/BBB Camp in LP from 7-9 p.m.</p> <p>VB DSU Team Camp in Madison</p>	<p>14 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>VB DSU Team Camp in Madison</p> <p>FB Mini-Camp 6:30-9 p.m. in Arlington</p> <p>GBB League in Watertown</p>	<p>15 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p>	16 Gym Closed
<p>17</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>18 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Comp. Cheer Choreography 8-11 a.m.</b></p> <p><b>Girls Strength Training at 7:00 p.m.</b></p>	<p>19 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>FB Team Camp in Hamlin 9:00 a.m. to 3:30 p.m.</p> <p>BBB League in Watertown</p>	<p>20</p> <p><b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p> <p>FB Team Camp in Hamlin 9:00 a.m. to 3:30 p.m.</p>	<p>21 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>GBB League in Watertown</p>	<p>22 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p>	23 Gym Closed
<p>24</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>25 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p>	<p>26 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>BBB League in Watertown</p>	<p>27</p> <p><b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>28 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>GBB League in Watertown</p>	<p>29 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p>	30 Gym Closed

# July 2018

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Basketball Open Gym Sunday is 7:00 to 9:00 p.m.</p> <p>Others may lift or shoot around during timeframe</p>	<p><b>ALL Girls Strengthening is Monday at 7:00 p.m.</b></p> <p>Others may lift or shoot around during timeframe</p>	<p>Volleyball Open Gym is 7:00 to 9:00 p.m.</p> <p>Others may lift or shoot around during timeframe</p> <p><b>BBB League in Watertown on Tuesday nights</b></p>	<p>Basketball Open Gym Wednesday is from 7:00 to 9:00 p.m.</p> <p><b>Comp. Cheer is Wednesday morning at 7:00 a.m.</b></p> <p>Others may lift or shoot around during timeframe</p>	<p>Morning lifting/open gym on Monday, Tuesday, Thursday, &amp; Friday at 6:00 a.m. to 7:30 a.m.</p> <p><b>GBB League in Watertown on Thursday nights</b></p>		<p><b>July Moratorium—No Student-athlete contact with coach from July 1 to July 7 (SDHSAA)</b></p>
1 Gym Closed	2 Gym Closed	3 Gym Closed	4 Gym Closed	5 Gym Closed	6 Gym Closed	7 Gym Closed
<p>8</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p> <p>VB Team Camp at SDSU in Brookings</p>	<p>9 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p> <p>VB Team Camp at SDSU in Brookings</p>	<p>10 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>GBB Jamboree in Hanson</p> <p>BBB League in Watertown</p>	<p>11 <b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>12 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>GBB League in Watertown</p>	<p>13 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>BBB Camp in Aberdeen</b></p> <p>Kingsbury County Cancer Walk at LP FB Field 2:00 p.m. to 10:00 p.m.</p>	<p>14</p> <p>Gym Closed</p> <p><b>BBB Camp in Aberdeen</b></p>
<p>15</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>16 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p> <p>VB JV DSU Team Camp in Madison (Grades 8-10)</p> <p><b>Main Gym floor waxed (cannot use until July 29th)</b></p>	<p>17 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p><b>Comp. Cheer Choreography 8-11 a.m.</b></p> <p>BBB League in Watertown</p>	<p>18 <b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>19 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>GBB League in Watertown</p>	<p>20 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p>	<p>21</p> <p>Gym Closed</p>
<p>22</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>23 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p>	<p>24 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p>BBB League in Watertown</p>	<p>25 <b>Comp. Cheer Open Gym at 7:00 a.m.</b></p> <p>Basketball Open Gym 7:00-9:00 p.m.</p> <p>FB 7/8 Grade Camp in Arlington from 9:15 a.m. to 3:00 p.m.</p>	<p>26 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>FB 7/8 Grade Camp in Arlington from 9:15 a.m. to 3:00 p.m.</p> <p>GBB League in Watertown</p>	<p>27 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p>	<p>28</p> <p>Gym Closed</p>
<p>29</p> <p>Basketball Open Gym 7:00-9:00 p.m.</p>	<p>30 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p><b>Girls Strength Training at 7:00 p.m.</b></p> <p><b>Comp Cheer Practice Starts 8:00 a.m. to 12:00 p.m.</b></p>	<p>31 Open WR/Gym 6:00 a.m. to 7:30 a.m.</p> <p>Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.</p> <p><b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b></p> <p>BBB League in Watertown</p>				

# August 2018

SUN	MON	TUE	WED	THU	FRI	SAT
Basketball Open Gym Sunday is 7:00 to 9:00 p.m.  Others may lift or shoot around during timeframe	ALL Girls Strength Training is Monday at 7:00 p.m.  Others may lift or shoot around during timeframe	Volleyball Open Gym is 7:00 to 9:00 p.m.  Others may lift or shoot around during timeframe  <i>BBB League in Watertown on Tuesday nights</i>	Basketball Open Gym Wednesday is from 7:00 to 9:00 p.m.  Others may lift or shoot around during timeframe	Morning lifting/open gym on Monday, Tuesday, Thursday, & Friday at 6:00 a.m. to 7:30 a.m.  <i>GBB League in Watertown on Thursday nights</i>		<b>August schedule subject to change due to practices and starting sport-specific seasons</b>
			1 <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>  Basketball Open Gym 7:00-9:00 p.m.	2 Open WR/Gym 6:00 a.m. to 7:30 a.m.  <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>	3 Open WR/Gym 6:00 a.m. to 7:30 a.m.  <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>	4 Gym Closed
5 Basketball Open Gym 7:00-9:00 p.m.	6 Football Practice Starts  Girls Strength Training at 7:00 p.m.  5/6 FB Camp in Arlington 6:15 p.m. to 9:00 p.m.  <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>	7 Volleyball Open Gym at 7:00 p.m. to 9:00 p.m.  5/6 FB Camp in Arlington 6:15 p.m. to 9:00 p.m.  <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>	8 <b>Comp. Cheer Practice 8 a.m. to 12 p.m.</b>	9 Volleyball and Cross Country Practice Starts	10	11

## Coaches Contact Information

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